



RECONNECT
Hearing Care Centre

Hearing Loss Checklist

You may utilize this checklist with any adults including yourself.

Please Check All Items That Apply:

- Often requests people to repeat what they said.
- Has trouble following a conversation or mishears people in a group or at noisy places.
- Feels people are not speaking clearly or are mumbling.
- Needs to turn up TV volume until people complain about the loudness.
- Becomes frustrated or avoids social occasions because there's too much noise or they can't keep up with the conversation.
- Becomes tired or stressed after listening or being in a conversation for an extended period.
- Needs to be close to the sound source like speaker to understand.
- Needs to look at people's faces to understand what they're saying.
- Finds it difficult to identify where sounds are coming from.
- Family or friends ask if the person has a hearing problem.

If you checked one or more boxes, make an appointment with a certified audiologist for a hearing evaluation.